

## Your rights

- You are on the Senior Alert register voluntarily, and this does not affect the health and social care you receive.
- You are entitled to be told that the care unit where you are cared for registers information in Senior Alert.
- You are entitled to know what information there is about you in the register.
- You can obtain information about when and at what care unit someone has looked at your details.
- You can request rectification if you think that the information held is incorrect, and you are entitled to compensation if your details are not handled in accordance with the Swedish Personal Data Act.
- If you do not want your details recorded, speak to the organisation that provides your health/social care.
- Once a year, free of charge, you are entitled to know what information has been recorded about you (known as a *register extract*). You are also entitled to have your information removed from the register at any point (known as *register withdrawal*).
- In both cases, the application for an extract or for withdrawal must be made in writing and be signed and sent to the contact for the national quality register – see below for the address. There is a form to print out on the Senior Alert website.

## Senior Alert

**E-mail:** [senioralert@rjl.se](mailto:senioralert@rjl.se)

**Postal address:** Senior Alert, Qulturum Hus B4, Länssjukhuset Ryhov  
551 85 Jönköping.

**Telephone:** 010-242 12 11 (Support Senior Alert).

## Further information

[www.senioralert.se](http://www.senioralert.se) | [senioralert@rjl.se](mailto:senioralert@rjl.se)

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National quality register Senior Alert is produced by the Qulturum development unit, Region Jönköping County.

# Being on the quality register Senior Alert



Those of us who work in health and social care at strive to do the best we possibly can for you. We are constantly changing and improving our approach, and to do this we use, among other things, information from a national quality register: Senior Alert.

What does this mean for you?



SENIOR  
*alert*

## Preventative approach

The Senior Alert quality register is used as a tool to help staff in health and social care develop and improve a preventative approach aimed at eliminating the risk of falls, unwanted weight loss, pressure sores, poor oral health or bladder problems for you and other care receivers.

## We register in order to learn

We enter information in the Senior Alert quality register in order to follow up on our approach and see whether our results show that we are working in the best possible way for you. With the help of the data in the register we can make comparisons both internally and with other similar units elsewhere in Sweden.

## What details about you are kept?

Information about you is collected from your patient notes and from what you have told us yourself. Details recorded in Senior Alert include:

- name and personal ID number
- height, weight
- any pressure sores and falls
- every risk assessment that is made
- underlying causes of a risk
- preventative measures that have been taken.

Statistics produced from the register are always anonymous, so no details can be traced to any individual!

The fact that your risk assessments and preventative measures are recorded in Senior Alert means that you are helping to improve health and social care in Sweden.

## How your details are handled

GDPR (General Data Protection Regulation) regulates how the information about you in the register can be used. There are three ways:

1. To develop and assure quality in health and social care.
2. To produce statistics.
3. For research in the field of health and social care.

If information from the register is to be used for research studies, approval for this is always required from an Ethical Review Board.

## Security

Information about you is kept secure. There are particular requirements that mean that...

- only the person who needs the information can have access to it
- there must be checks to ensure no unauthorised person has seen the information
- the information must be protected by means of encryption
- the information can only be accessed by following a secure login procedure

Only employees at the unit where you are receiving health or social care are permitted to view the information that has been submitted to the register. No other health or social care providers are entitled to view this information. Those who are responsible for the register at central level can view your details, but they have a legal duty of confidentiality.

Your details are removed when they are no longer needed for developing and assuring quality in health and social care.

## Responsibility

Region Jönköping County is the main controller for Senior Alert in Sweden. Your health or social care provider, who records information about you, is the controller in the sense of ensuring that your personal details are recorded correctly.